

Essential Security Awareness for Everyone (Intro)

KEY DATA



Class Name:
ESAFE - Essential Security Awareness for Everyone (Introduction)

Duration: 5-Hours

Language: English

Format:
Instructor-led classroom

Prerequisites:
None

Follow-on Class:
ESAFE - Essential Security Awareness for Everyone (Advanced)



BENEFITS OF THIS CLASS

Anyone who uses a computer on the Internet stands to benefit from this class.

CLASS OVERVIEW

Participants will fully understand the security threats that are prevailing daily and they will also understand the countermeasures associated with these attacks. During the 5-hour event they will witness many demonstrations that will fully reinforce the learning process associated with each lecture.

UPON COMPLETION

Upon completion of this class, participants would realise the fact that they themselves are the first link in the security threat chain. Having acknowledged this fact, the participant is well placed to understand what can happen, what to look for and lastly how to utilize some basic and common sense tactics to keep their computer as safe as possible.

Topics Covered

1. **What are the risks?**
 - Known Risks
 - Did you know?
 - Things you need to know.
 - The Hacker
 - Identity Theft
 - Fighting Identity Theft
 - Don't Panic, we can help!
 - Demonstrations
2. **User Security**
 - User attacks
 - User awareness
 - Everything you need to know about a Password
 - Generating Passwords
 - Keeping track of Passwords
 - Encryption Tools
 - Other Options
 - Software and Hardware methods
 - Windows Admin Account
3. **Implementing Countermeasures**
 - System monitoring
 - Windows Processes
 - Task Manager
 - Web Research
 - Process Information
 - Start Up Tuners
 - Downloads
 - User Guidelines
 - Email Links
 - Demonstrations
 - Anti-Virus
 - Anti-Spam
 - Anti-Malware
 - Firewalls
 - Choosing a package
 - Free Stuff
 - Updating these programs
 - Patch Management
 - Internet Anonymizers
 - Stealth Surfer